

Intermediate Schedule

	Week 1 & 2 (Monday - Friday)
11:30 - 1:00	Ballet Technique
1:00-1:30	Pointe
1:30-2:00	Break
2:00 - 3:15	Gala Rehearsal
3:15-3:30	Break
3:30-4:45	Modern/Contemporary
	Week 3 (Monday - Friday)
11:30 - 1:00	Ballet Technique
1:00 – 1:30	Pointe
1:30-2:00	Break
2:00-3:00	Gyrokenesis®/Injury Prevention/Stage Make Up
3:00-4:30	Gala Rehearsal
Friday 2:00-4:00	Gala Dress Rehearsal
Saturday 11:00-12:00	Warm up at studio
Saturday 1:00-3:00	Run through at Pioneer Park
Saturday 5:00	Gala Performance at Pioneer Park