

## Advanced Schedule

	<b>Week 1 &amp; 2 (Monday - Friday)</b>
9:00 - 10:30	Ballet Technique
10:30-11:30	Pointe & Repertoire
11:30-12:00	Break
12:00 - 1:30	Gala Rehearsal
1:30 - 2:00	Break
2:00 - 3:30	Modern/Contemporary
3:30-3:45	Break
3:30 - 4:30	Pilates/Ballet History
	<b>Week 3 (Monday - Friday)</b>
9:00 -10:30	Ballet Technique
10:30-11:30	Pointe & Repertoire
11:30 -12:00	Break
12:00 - 1:45	Gala Rehearsal
2:00-3:00	Gyrokenesis®/Injury Prevention/Stage Make Up
Friday 2:00-4:00	Gala Dress Rehearsal
Saturday 11:00-12:00	Warm up at studio
Saturday 1:00-3:00	Run through at Pioneer Park
Saturday 5:00	Gala Performance at Pioneer Park